



Coaches' Development Weekend
sportscotland National Centre Inverclyde
3rd & 4th March 2012



Dan Travers: Opening Speaker

Dan's playing career has many highlights, 1986 Commonwealth Games Gold medal winner, All England men's double finalist in 1982, bronze medallist in 1984 European Championships and over 100 caps for Scotland. Dan has also won a host of European and World Masters medals. He was Scottish National Coach for 14 years before leaving in 2010.

Poul-Erik Høyer Larsen: Keynote Speaker

Paul-Erik Hoyer is one of the most famous players of all time because he was the first – and still only – European to clinch an Olympic gold medal, which he did in 1996, in Atlanta and also because he is one of the most influent people in the world of badminton nowadays, with recent election to President of Badminton Europe.

Workshop Options

WORKSHOP 1

Option A: Feeding: *John Quinn*

This session will cover the various forms of feeding, used when working with advanced players. This is a practical session.

Option B: Business Essentials for Coaches: *GB Sport*

An interactive course that provides essential business and financial information for sports coaches. Including: legal status, self-employment, employment, contracts.

WORKSHOP 2

Option C: Conditioning for Young Players: *Stewart Kerr*

An overview of strength training aimed at coaches working with young players. This session can be practical or observed.

Option D: Technical Demonstration for Coaches: *Dan Travers*

This session will assist coaches in refining their demonstration skills. Technically accurate demonstration is crucial in improving standards.

Weekend Schedule

Saturday 3 March	
10.00am	Coffee and Arrival
11.00am	Workshop 1
12.30pm	Lunch
2.00pm	Workshop 2
3.30pm	Coffee
4.00pm	Workshop 3
5.30pm	Plenary
7.00pm	Drinks Reception
7.30pm	Conference Dinner

Sunday 4 March	
9.15am	Introduction to Day 2
9.30am	Workshop 4
11.00am	Launch of Coaching Pathway
11.30am	Workshop 5
1.00pm	Lunch
2.00pm	Keynote Speaker
3.15pm	Coffee and Plenary
3.30pm	Close

Friday Arrivals

sportscotland National Centre Inverclyde has offered coaches a special rate for Friday arrivals. The reduced cost of £30 for a twin room or £38 for a single room bed and breakfast, with the opportunity to play badminton in the evening if you wish.

Accommodation

Accommodation is in the National Sports Centre in en-suite twin rooms. Delegates can pay an additional £10 if they wish single accommodation. Rooms are disability compliant and can be viewed on the Centre's website www.nationalcentreinverclyde.org.uk

Terms & Conditions

It is regretted that cancellations cannot be accepted and will be liable for the full fee. If you are unable to attend, a substitute delegate is acceptable. Please notify BadmintonScotland in advance.

The organisers reserve the right to alter or amend content and speakers.

The early-bird rate will apply to the first 50 bookings received by BadmintonScotland. Bookings received will be date-stamped on receipt.

WORKSHOP 3

Option E: Developing Women's Singles: Yvette Yun Luo

Yvette has a passion for developing women's singles and her unique take on this specialism will prove both enlightening and inspirational.

Option F: Conflict Resolution *The CashBack Academy*

This session looks at how coaches can deal with conflict during a session, how to resolve it and how to use it as a tool for education.

WORKSHOP 4

Option G: The Excel Programme: Dan Travers

BadmintonScotland's new programme for talented young players. Based on the LTAD model, the programme will ensure players receive the right coaching at each stage of their development.

Option H: Youth Engagement: *The CashBack Academy*

How to engage with disenfranchised youngsters in sport. This session will give coaches the opportunity to share and learn from good practice, as well as develop a repertoire of strategies to ensure that programmes are attractive and accessible to all.

WORKSHOP 5

Option I: Regional Coach Support Barry Scott and Ewen Cameron, *sportscotland*

Through the Regional Coaching and Volunteering team, **sportscotland** is rolling out a programme of regional coach support. This session will provide an overview of developments.

Option J: Club Development *BADMINTONScotland*

An interactive session, with advice on child protection, funding and school-club links. This session will also outline *BADMINTONScotland's* plans for club support.



Delegate Booking Form

Please complete a separate form for each attendee: photocopied forms will be accepted.

Booking Details (please complete in BLOCK CAPITALS)

Title..... Forename..... Surname.....

Club/Local Authority/Facility.....

Address.....

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Telephone..... E-Mail.....

Please indicate any physical, special or dietary requirements.....

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Package Options

- Conference and Twin Accommodation (£75; early-bird rate £50)
- Conference and Single Accommodation (£85; early-bird rate £60)
- Conference without Accommodation (£50; early-bird rate £30)
- One-Day Option (£25) Saturday / Sunday (delete as appropriate)
- Share with.....

Workshop Selection

Workshop 1..... Workshop 2..... Workshop 3.....

Workshop 4..... Workshop 5.....



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